

GOOD STUFF BINGO



COMPLIMENTS & COFFEE

Spot it. Say it. Share the good stuff.



Tick off a square whenever it happens. Some are things you can do, some might happen to you, and some are things to look out for. Get three in a row to call Bingo.

**Thank someone
for something
they've done for
you**

**Someone makes
you laugh**

**Learn something
new about
someone**

**Tell someone
what they're
really good at**

**Someone shares
some good news**

**Notice someone
helping another
person**

**Have a proper
catch-up with
someone**

**Someone says
something that
makes you smile**

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something that
makes you smile**

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Share a good
memory with
someone

Someone thanks
you

Talk to someone
you don't usually
get much time
with

Notice someone
making another
person feel
welcome

Tell someone
about a quality
you admire in
them

Someone offers
you a coffee, tea
or treat

Find something
you have in
common with
someone

Hear someone
giving a genuine
compliment

Recognise
someone's hard
work

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**Thank someone
who often helps
behind the
scenes**

**Make someone
laugh**

**Someone tells
you something
they appreciate
about you**

**Start a
conversation
with someone
you don't usually
chat to**

**Hear a funny
story**

**Notice someone
including
another person
in a conversation**

**Tell someone
they made your
day easier**

**Someone
remembers
something nice
you did**

**Enjoy a few
minutes away
from the usual
routine**

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Tell someone something you appreciate about them

Someone tells you something you're good at

Notice someone going out of their way to help

Share a laugh with someone

Ask someone how they're getting on

Hear someone thanking another person

Send someone a nice message

Someone shares a good memory with you

Notice two people having a good catch-up

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**Recognise
someone's effort**

**Someone
includes you in a
conversation**

**Have a chat with
someone new**

**Hear someone
say something
positive about
another person**

**Thank someone
for making
something
easier**

**Someone tells
you a funny
story**

**Notice someone
checking in on
another person**

**Share something
you're grateful
for with
someone**

**Someone
surprises you
with a thoughtful
gesture**

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**Tell someone
what you value
about them**

**Someone makes
you smile**

**Notice someone
helping without
being asked**

**Have a proper
catch-up with
someone**

**Someone thanks
you for
something**

**Share a good
memory with
someone**

**Hear someone
giving another
person
encouragement**

**Learn something
new about
someone**

**Send someone a
thoughtful
message or note**

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Thank someone
who makes a
difference to
your day

Someone shares
some good news
with you

Notice someone
making another
person feel
included

Tell someone
about something
they do really
well

Have a
conversation
with someone
you don't usually
talk to

Someone makes
you laugh

Hear someone
recognising
another person's
effort

Find something
you have in
common with
someone

Someone does
something
thoughtful for
you

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**Tell someone
why you
appreciate
having them
around**

**Hear someone
sharing a funny
story**

**Notice someone
checking in on
another person**

**Thank someone
for their help**

**Someone tells
you something
they appreciate
about you**

**Spend a few
minutes
catching up with
someone**

**Notice someone
making another
person laugh**

**Share something
positive that
happened
recently**

**Someone
includes you in a
conversation**

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**Recognise
someone for the
effort they've
put in**

**Someone tells
you something
you're good at**

**Notice someone
welcoming
another person**

**Ask someone
how they're
getting on**

**Someone
remembers
something nice
you did**

**Share a laugh
with someone**

**Hear someone
saying thank you**

**Talk to someone
you haven't
caught up with
in a while**

**Send someone a
nice message**

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Tick off a square whenever it happens. Some are things you can do, some might happen to you, and some are things to look out for. Get three in a row to call Bingo.

Tell someone something you admire about them

Someone surprises you with a kind gesture

Notice someone going out of their way to help

Share a good memory

Someone says something that brightens your day

Have a chat with someone new

Hear someone giving a genuine compliment

Thank someone who often works behind the scenes

Learn something interesting about someone

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